



Helen Rountree
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Q. What is your biggest accomplishment?

A. Being accepted into a doctoral program and having my concept paper approved. I hope to finish the course requirements and dissertation this year—oh boy!

Q. Favorite movie? Why?

A. Waiting to Exhale, based on the book by Terry McMillan. Why? Because you get to a point where you declare your freedom. The challenge is knowing “when”.

Q. What do you like best about life?

A. The people I meet. Especially, when later you find out just how much you touched their lives in some way.

Q. Something no one knew about you until now?

A. Two years ago, on my birthday, my husband took me on a hot air balloon trip in Pennsylvania. I wasn’t afraid of the typical things (heights, falling, etc.), but because I’m so tall the burners were extremely close to my hair. It’s toasty up there!

Q. What do you do to relax?

A. I get in my car and drive on the interstate. Once I drove all the way to Pittsburgh without stopping. You can load all your worries into the car and unload them miles from home.

Q. Life philosophy in 10 words or less?

A. At the end of the day, if you can’t respond to the question, “What have I contributed today [ie., to a person, to the world],” all your efforts have been in vain. You have to keep that question in the forefront each and every day and work at it.